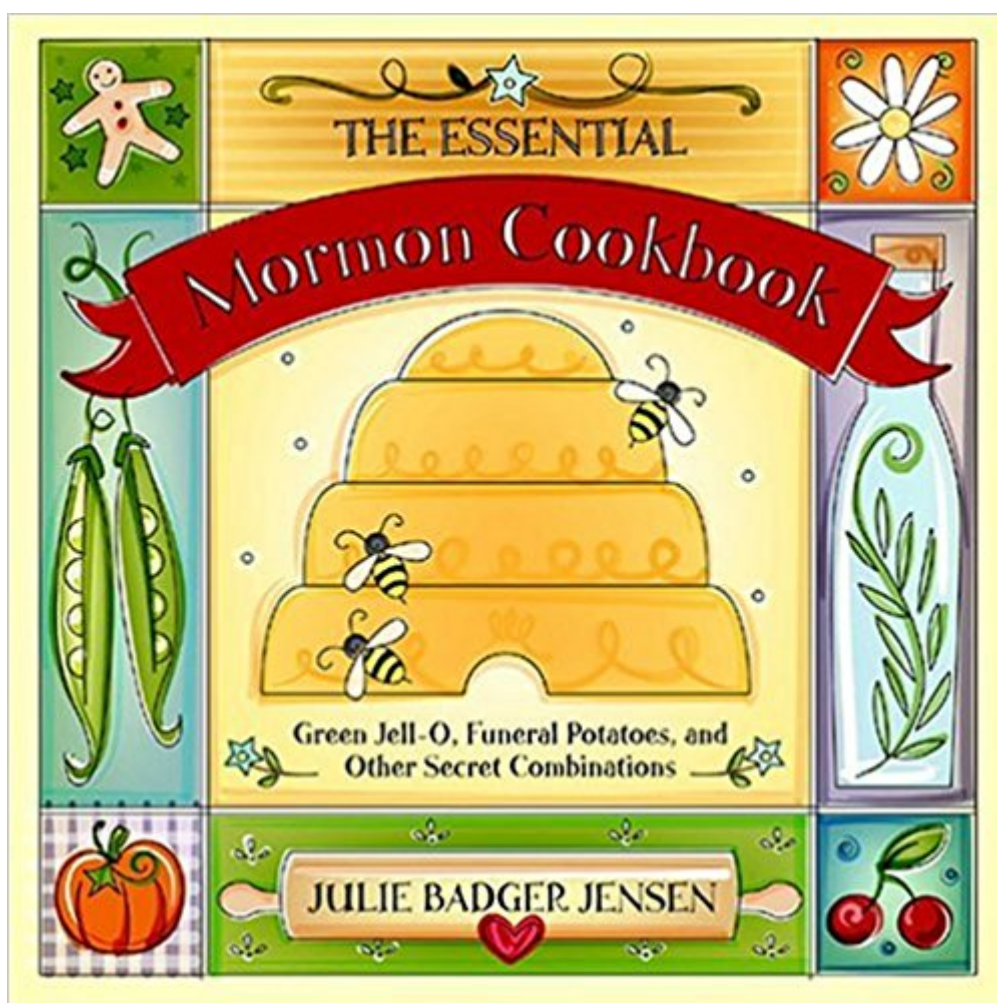


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The Essential Mormon Cookbook: Green Jell-O, Funeral Potatoes, And Other Secret Combinations



Synopsis

The Essential Mormon Cookbook is a time-honored collection of recipes not found in standard cookbooks- family favorites passed down from generation to generation, traditional potluck dishes served at Church gatherings, and other gifts from the kitchen shared by neighbors and friends. This is the perfect source for these hard-to-find recipes you remember from your childhood, such as Christmas Morning Casserole, Pot Roast with Gravy, and Fresh Peach Cobbler. Also included are recipes to feed a crowd, compassionate service casseroles, and a conference-weekend brunch. More than 200 recipes, gathered from four generations of family cooks, are divided by seasons and event in this unique collection of Mormon comfort food.

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Customer Reviews

Julie Badger Jensen has had a lifetime passion for cooking and entertaining. She began a recipe box at age eight with the entry of "Lovable Lime Jell-O." As a young teenager, she published her first recipe in the Deseret News food column. She graduated from the University of Utah and has been food editor of Utah.

A friend of mine made the most amazing layered salad for her son's birthday party, so I asked for the recipe. She pulled out the Essential Mormon Cookbook and I laughed because she is decidedly not Mormon. She told me a girl at work had recommended it so she bought it and it has become her secret to great food at potlucks and parties. Every single recipe I have made from this book has been amazing. I used to belong to MOPS at my Christian (not Mormon) church and the ladies would

bring the most amazing dishes for our brunches. This is like a collection of all the great pot luck dishes you have ever tasted and wondered how they made it. So many things I had tried at MOPS were in this book. My family has loved every single thing I made from here. Somebody said it's full of fat and sugar, etc. That's true, but there are a lot of healthy options in there. You don't have to gorge yourself and you can substitute things if you need to. We eat very healthy and mostly organic in our house. One recipe (apricot chicken) called for Russian Dressing. The dressing at the store was a chemical soup with a few actual recognizable foods in it. So I looked up Russian Dressing online, made it my blender in a few minutes and used that instead of store bought. My family couldn't get enough of that apricot chicken and they were fighting over the leftovers. My child and I have celiac and cannot eat gluten. So I adapt the recipes to gluten free. Many of them are naturally gluten free anyways, but if they aren't I just sub. I'm going to take this book to mom's group at church and recommend it to them. I think they will love it.

The Essential Mormon Cookbook offers a wide selection of old-fashioned home-style recipes reminiscent of rib sticking Midwestern cooking. This is one of the reasons why I love this cookbook as it offers recipes that will remind you of the ones cooked by Mom or Grandma. Some of the recipes you will find in this cookbook include: Green Chilies and Eggs, Fiesta Dip, Sloppy Joes, Hearty Six Hour Stew, Garlic Mashed Potatoes, Frosty Cranberry Salad, Soft Chocolate Cookies, Soft Sugar Cookies, Lasagna, Chicken Alfredo, Baked Ham and Egg Squares, Butterscotch Rolls, Bride's Biscuits, Amazing Apricot Chicken, Creamy Chicken and Rice Dish, Corn On the Cob In a Thermos. Recommend.

This is a sturdy, spiral-bound book, which is easy to cook with, as you can stand it up, if desired. The recipes are written in an easy to follow form, and you don't find yourself hunting for ingredients or finding one you didn't see when you are halfway through preparing the dish. They are segregated by season, and then there are categories within each season, like "Pot Luck", "Gourmet to Go", "In the Garden", "Love Thy Neighbor" (which I need to look at, since a neighbor just died). At first, I was disappointed that there weren't pictures but I believe the recipe directions are clear enough to get a pretty good idea of the results. And if it were illustrated, there wouldn't be room for as many recipes!

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This is a decent cookbook for what it is. It IS very simplistic, however, I do love the fact that it would be a good "first" cookbook for a teenager, bride or non-cook type. I do love the

seasonal aspect of how the book is laid out. Bottom line: This book is great if you are learning to create meals/memories, etc, however, if you are beyond the "basics", this isn't for you unless you want it for aesthetics.

I bought this as a gift. I have the recipe book and use a lot of the recipes. A lot of good basic recipes from breakfast to dinner.

I have a cupboard full of cookbooks, but I use this one 9 out of 10 times. It is full of the most practical recipes for families using ingredients you are most likely to already have on hand. Some of my very favorite recipes were found in this book, like Luscious Lemon Bundt Cake. Also includes recipes for classics like Sloppy Joes, Funeral Potatoes, etc.

My favorite cookbook! It's the only one I keep on my kitchen countertop for ready access. I've given a dozen copies to friends as wedding gifts or an introduction to Mormon culture, and all of them have loved it.

If you are cooking for a family with little kids and don't have much time to spend, this is for you. I was disappointed because the recipes are heavy on prepackaged ingredients like crescent roll dough, Cool-Whip, ketchup etc. And for Mormons who are supposed to keep two years of food in storage--where the heck are the recipes for preserves? Overall the recipes are pretty pedestrian and heavy on sugar.

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